

Recipe for: Black Bean Salad

Ingredients

Salad

- 2 cans of Black Beans

- 2 cups of corn (frozen or fresh)

- 1/2 pint of cherry tomatoes (or whole pint)

- 1/4 red onion, small dice

- 1 or 2 avocados, diced

- 1/2 a block of feta cheese (or a small tub of already crumbled)

- 1/3 cup of basil, chopped

- 2 tbs mint, chopped

Vinaigrette

- Juice of 1 lemon

- 2 tbs of honey

- 1/2 cup red wine vinegar

- 1/2 cup of olive oil

- Salt and Pepper to taste

Directions

Mix ingredients and top with vinaigrette.